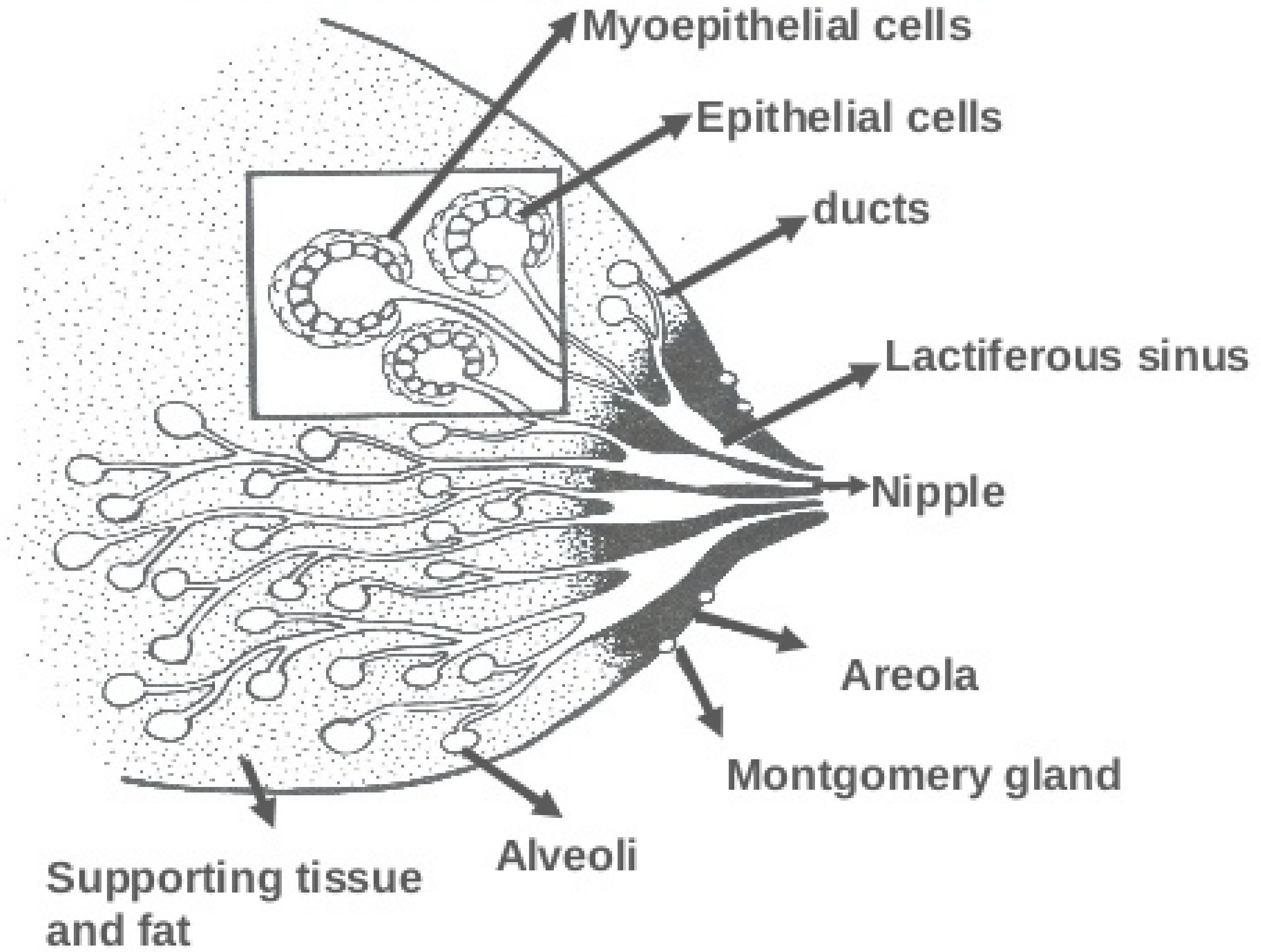


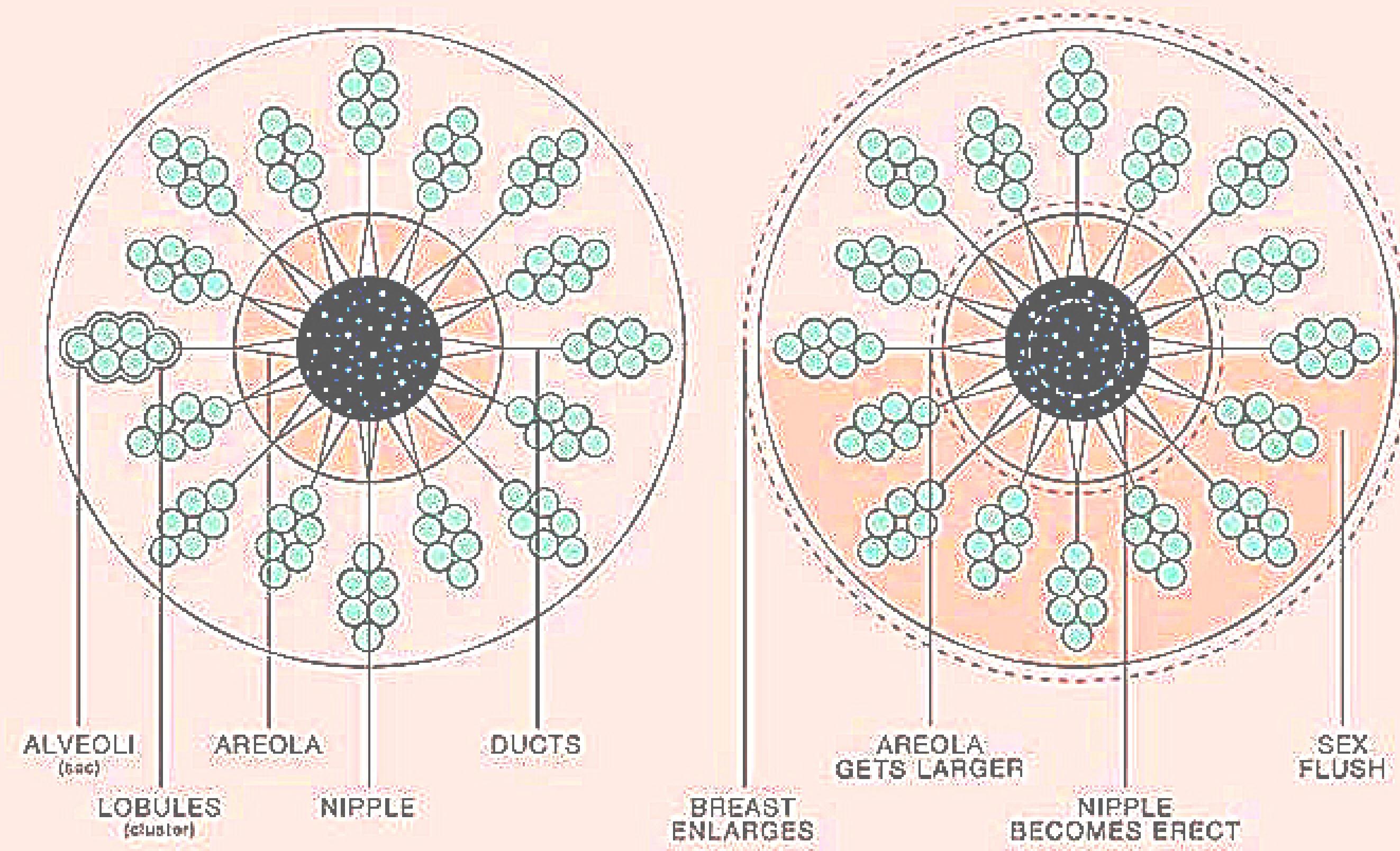
Breastfeeding

Caring for A Postpartum Mother

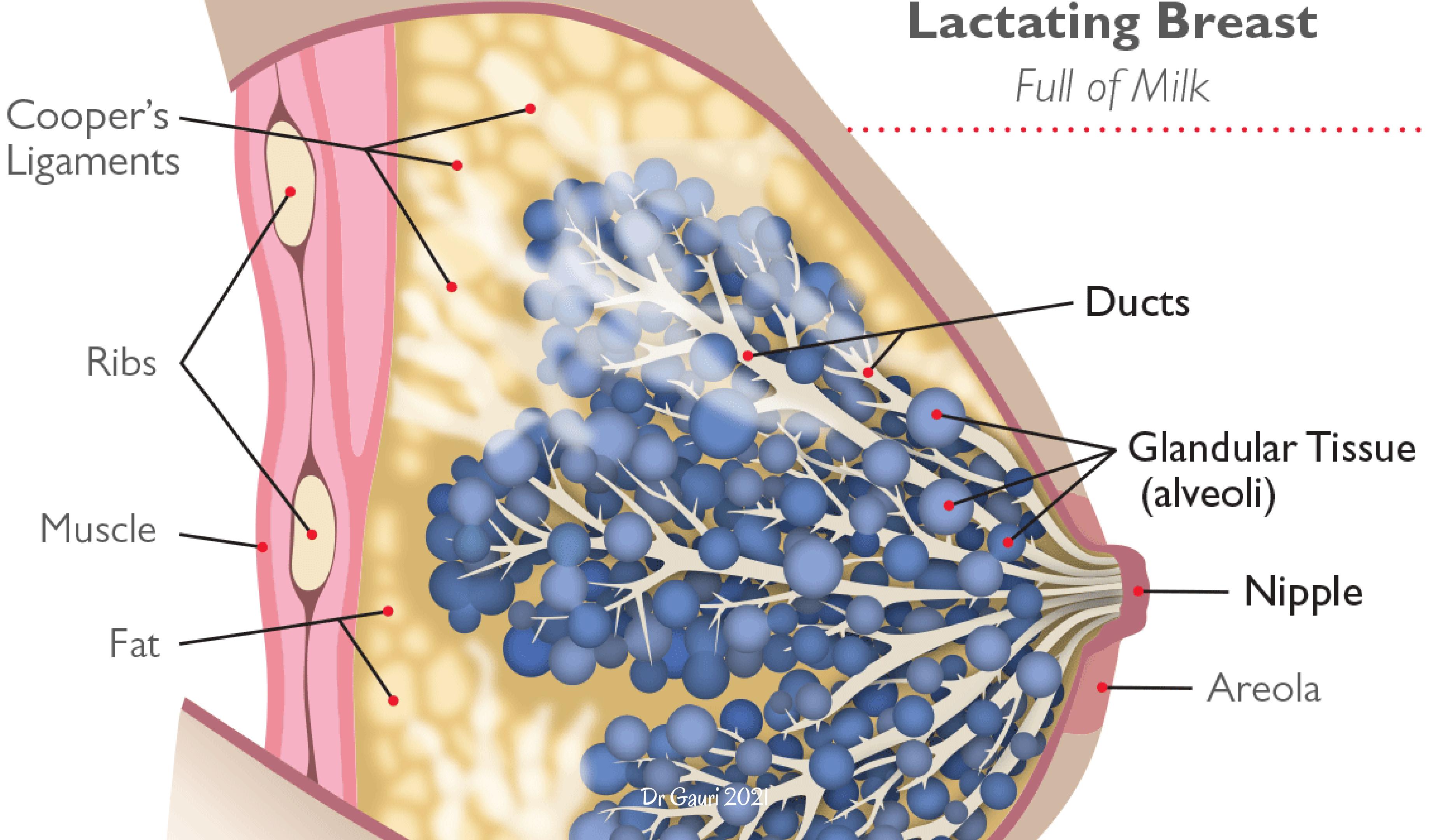
Dr Gauri 2021

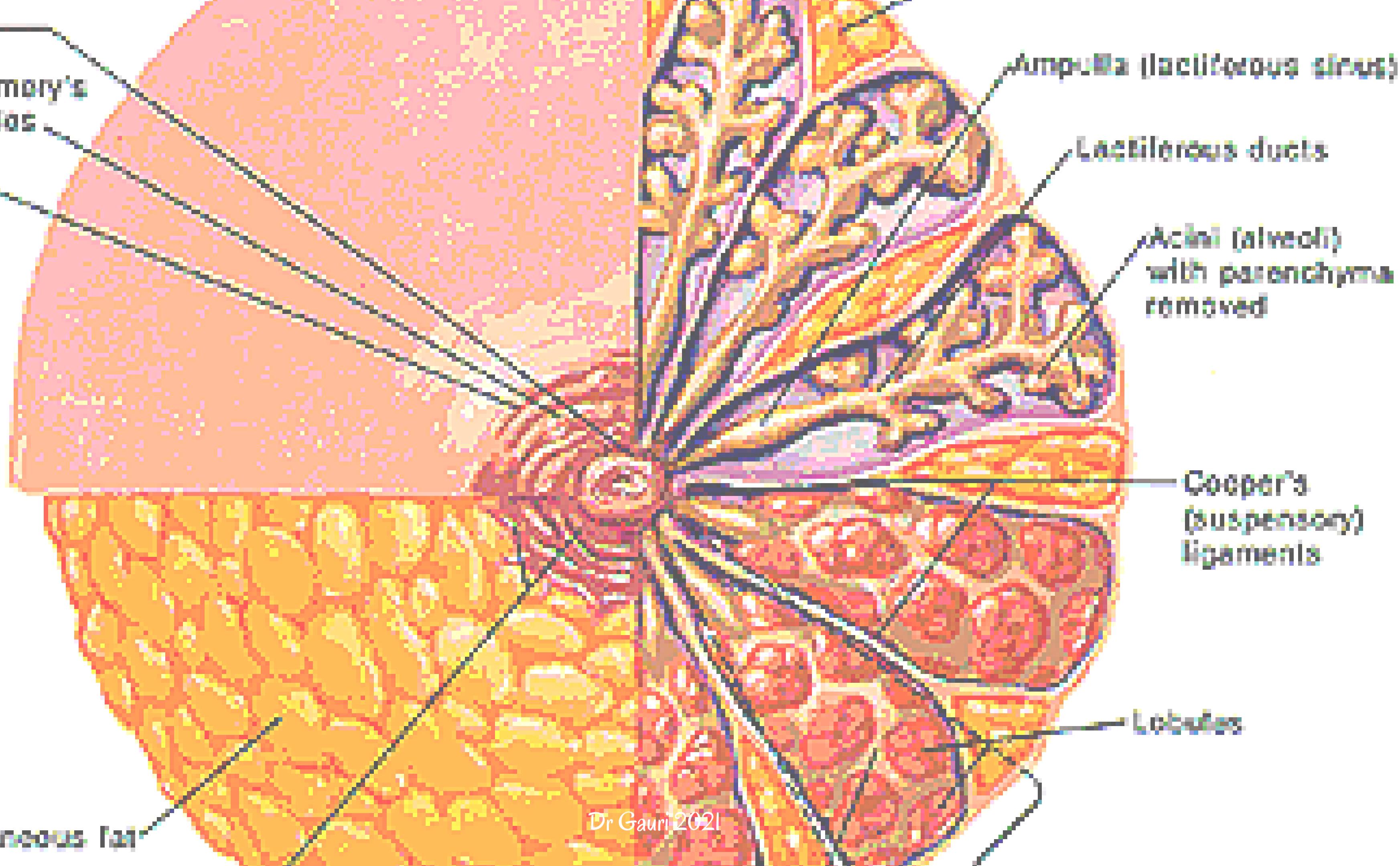


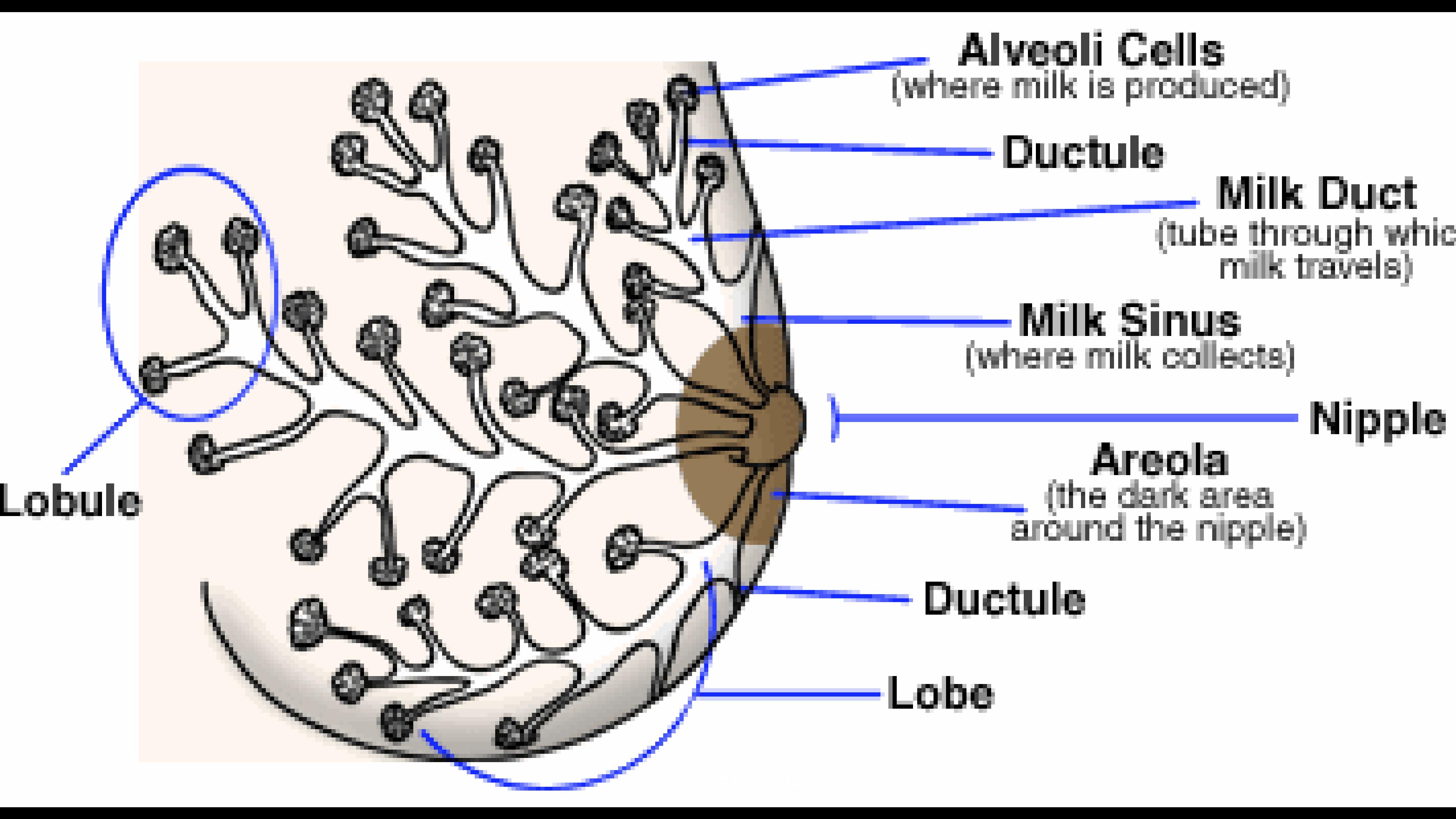


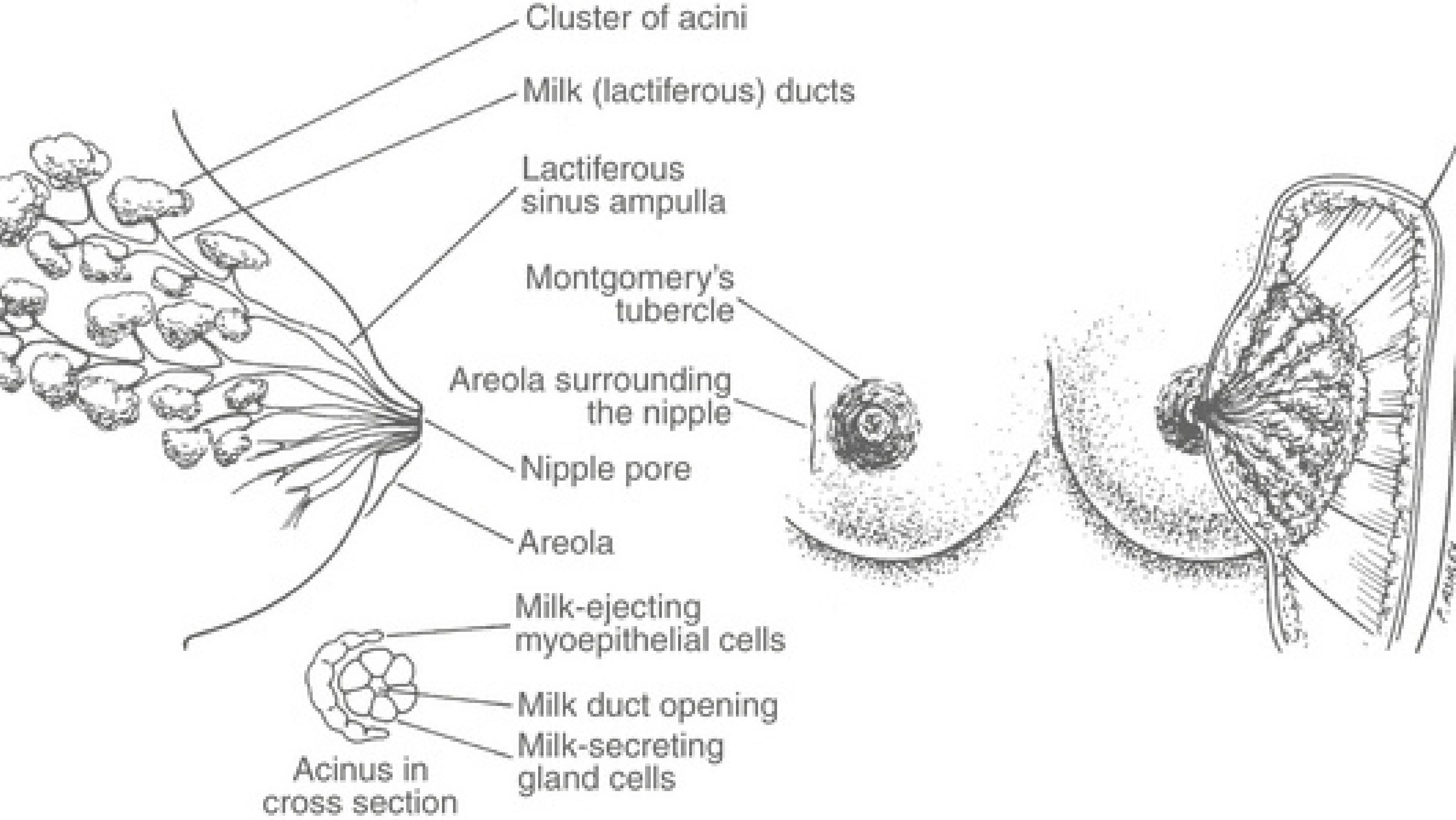


Lactating Breast

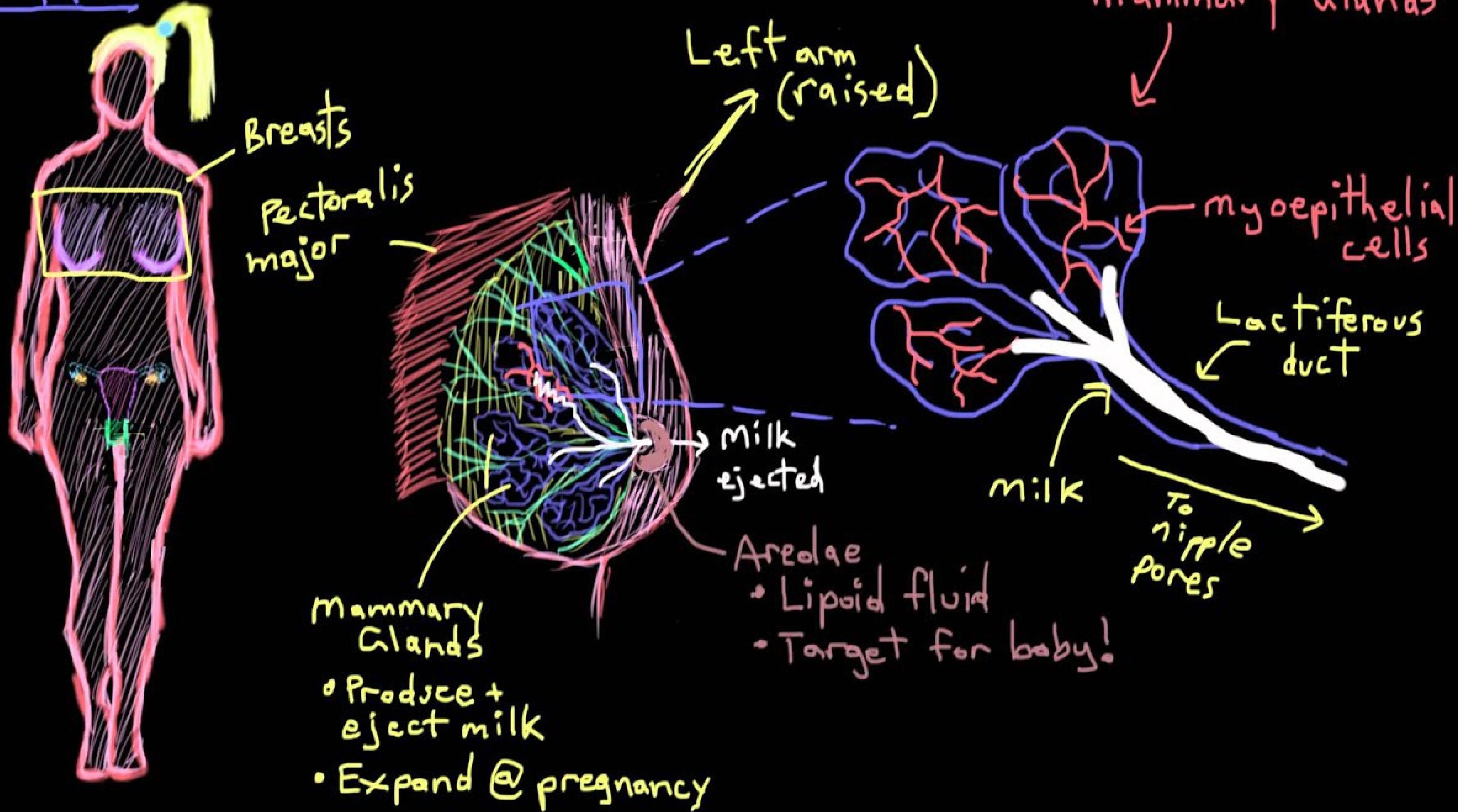




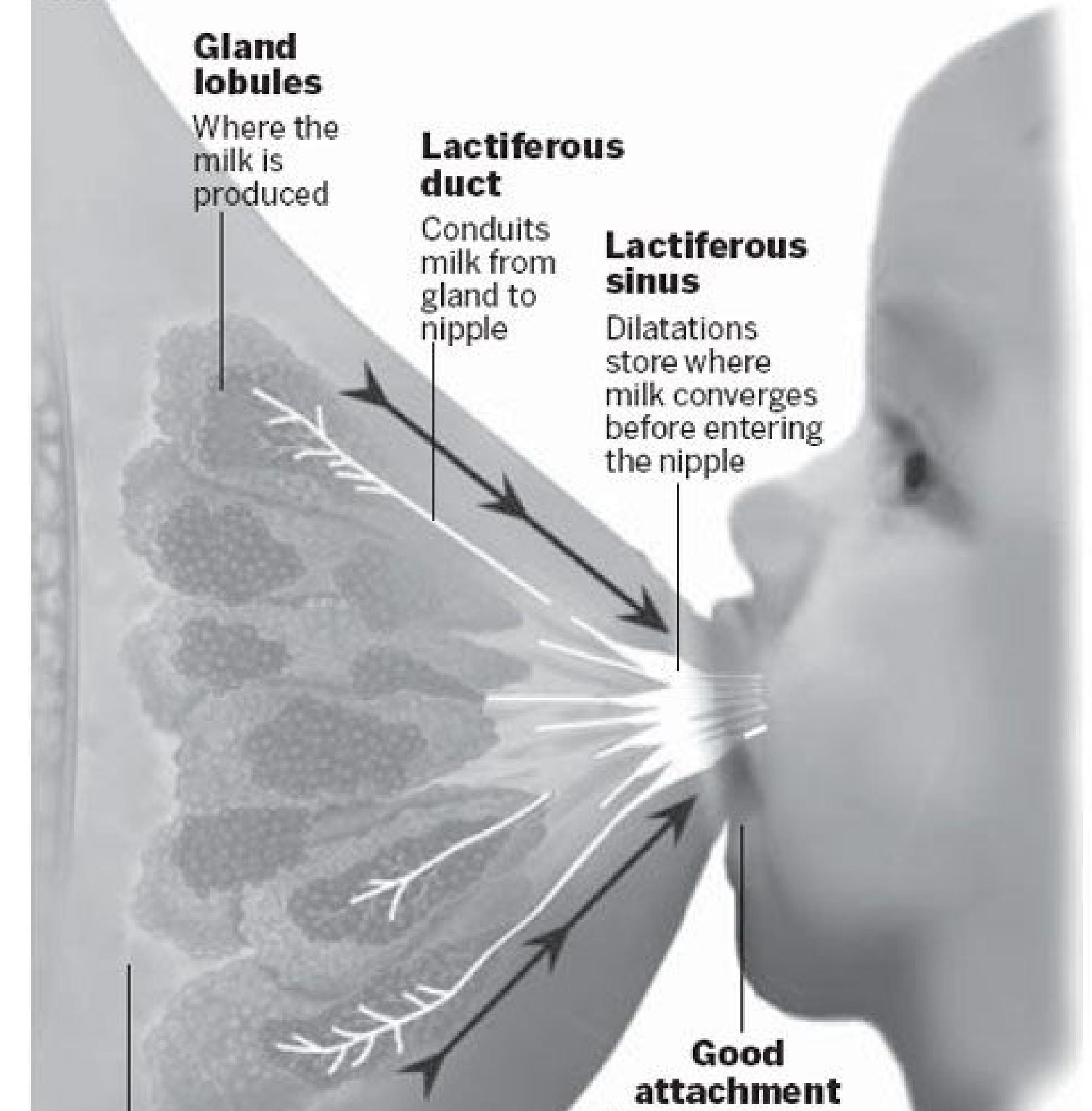


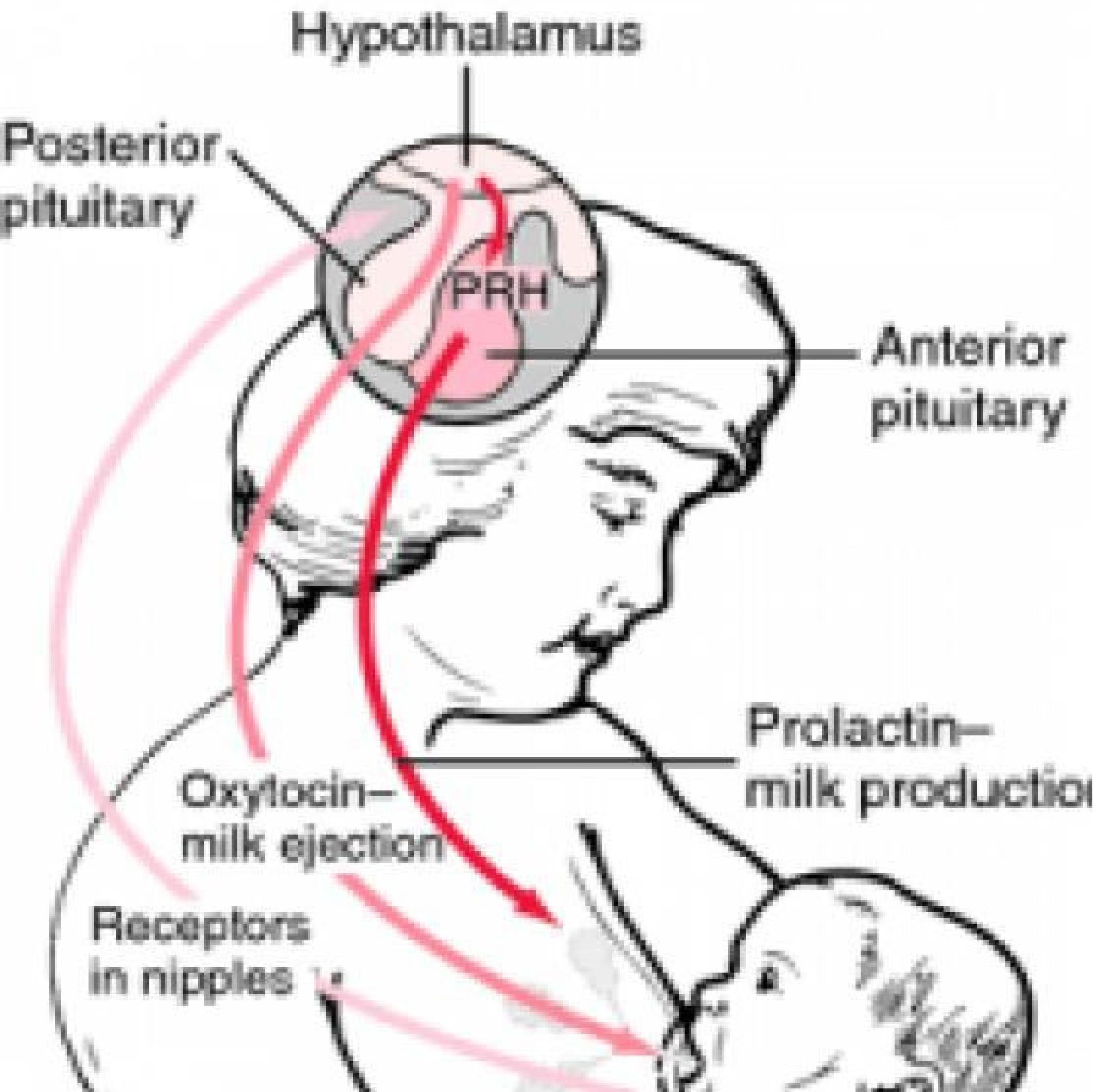


Lactation



Suckling





Hormonal physiology of Breastfeeding

OXYTOCINERGIC CONNECTIONS IN THE BRAIN

To amygdala, social behaviour/fear

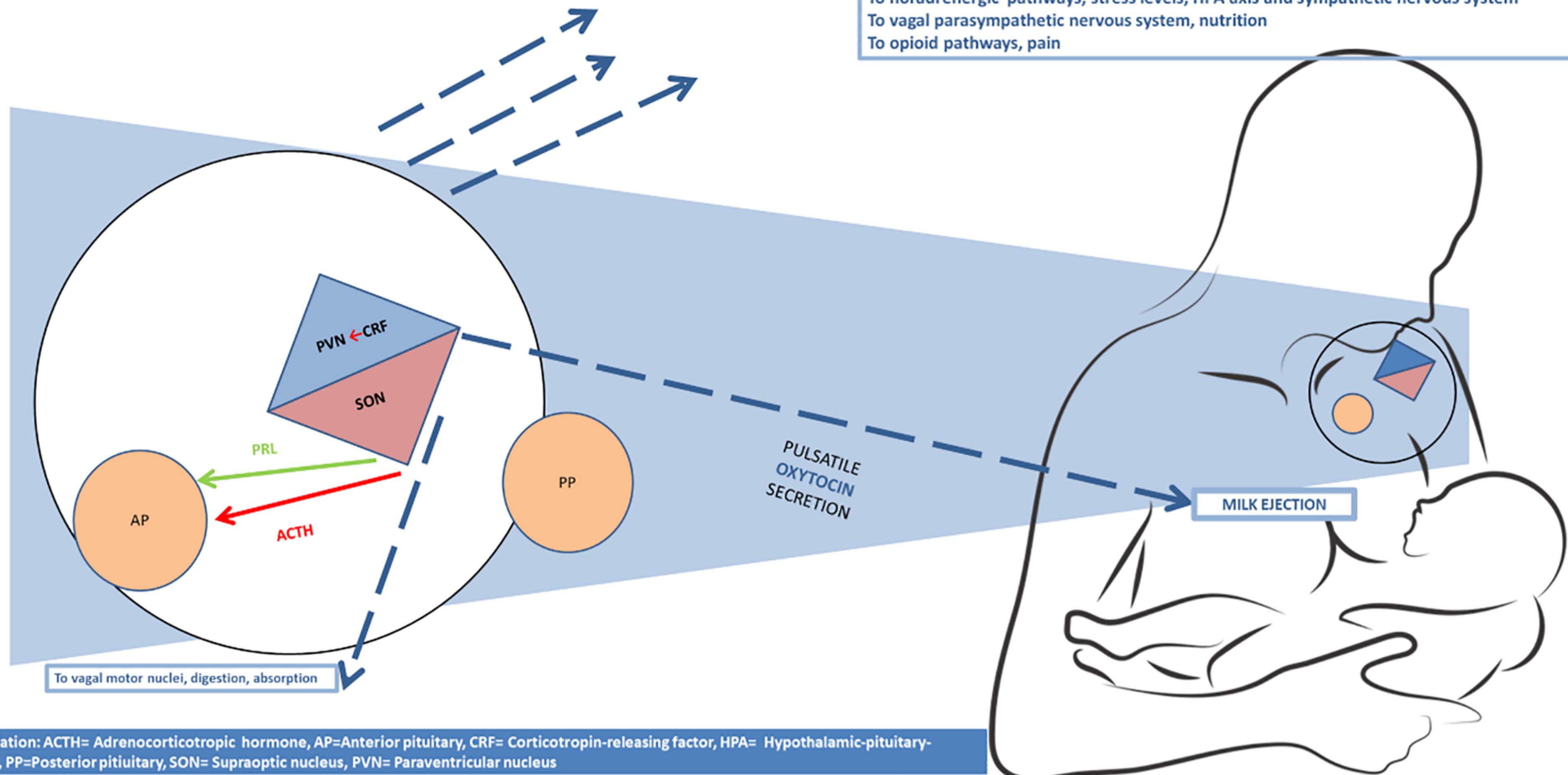
To reward centre, dopamine release, wellbeing

To serotonin pathways, mood

To noradrenergic pathways, stress levels, HPA axis and sympathetic nervous system

To vagal parasympathetic nervous system, nutrition

To opioid pathways, pain





Day one

Size of a Cherry

5-7 ml/ 1/2 Tsp



Day Three

Size of a Walnut

22-27 ml/ .75-1oz



One Week

Size of an Apricot

45-60 ml/ 1.5-2 oz



One Month

Size of a large egg

80-150 ml/ 2.5-5 oz



Vedic Style

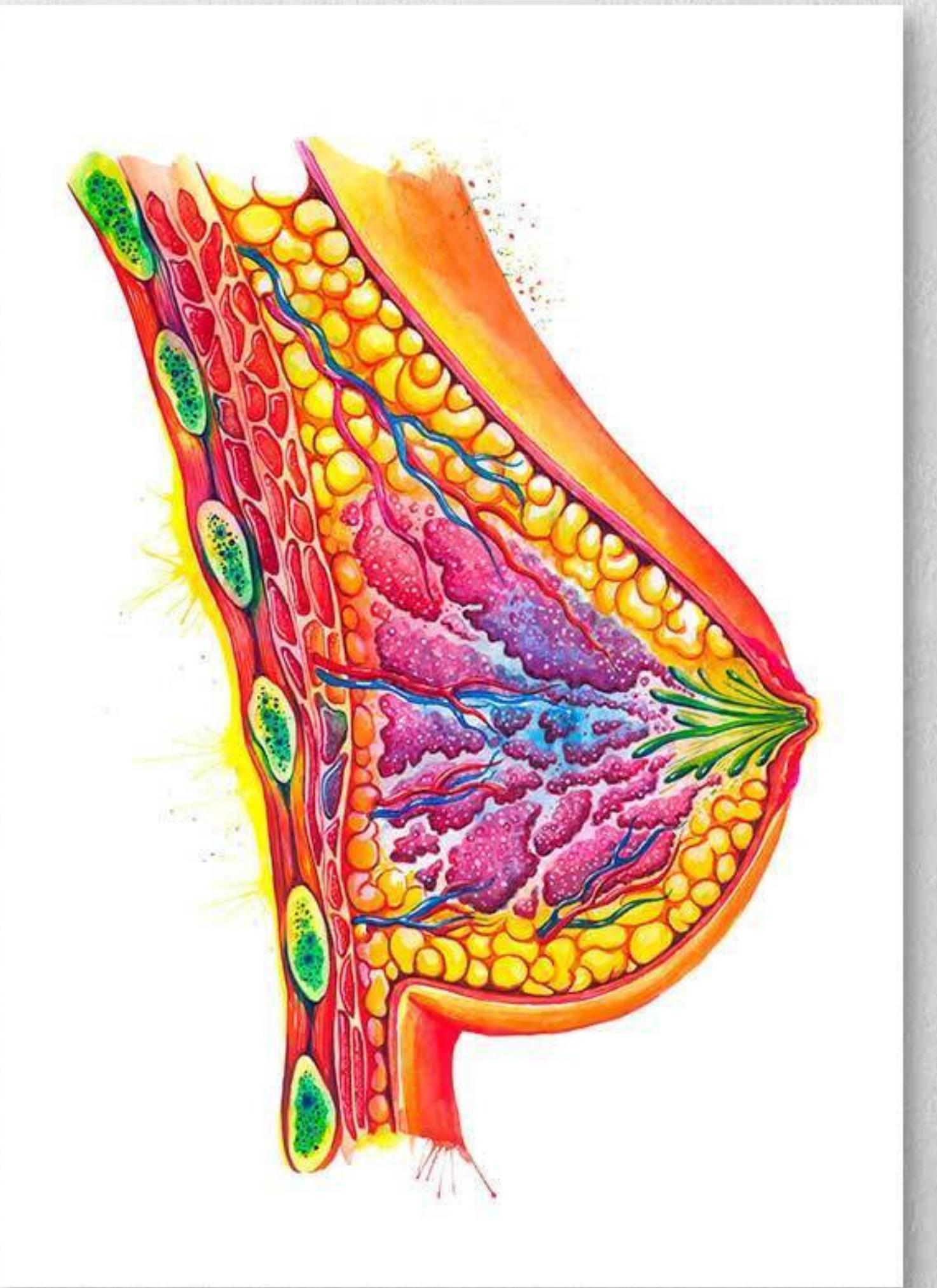
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Artwork





Art



Art



