



Dear

What are you doing **12th April at 2pm** (India time)?

If you're looking for a way to **deepen your understanding of your menstrual cycles for fertility awareness**, you'll love this upcoming discussion webinar, **"Fertility Awareness."**

Here's why...

Fertility Awareness is a tried and **proven natural approach to planning pregnancy** or preventing pregnancy. But it needs to be done properly.

It is an incredible way to learn deeply about our own body and it's healing wisdom too.

And best is to learn under expert training and guidance.

Therefore I am happy to introduce my dear friend and Sistar, Rona from Fertility Awareness.



Rona from Fertility Awareness

Rona Mirimi is a Fertility Awareness Educator. After many years on the Pill & using the copper IUD, she found out that our body gives us fertility signs when we are fertile & when we are not.

At the age of 38 she decided to learn more about it and found an amazing inner realm; the female body.

After practicing on herself for a couple of years she decided to learn how to teach it to everyone who is interested in gaining this knowledge.

She graduated from a 2-year program in the States in 2018. Since then, she decided to learn more methods to have more tools so she can be in service & meet everyone where they are in their own unique journey.

Today, she teaches couples and individuals how to track & chart their cycles. She supports women who are breastfeeding or who have PCOS and other conditions.

She also helps people find the best menstrual cup to suit their bodies & lifestyles, along with cloth pads, yoni steams and more.

Your invitation to:

FERTILITY AWARENESS WITH RONA



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from

Dr Cauri

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