



DR GAURI

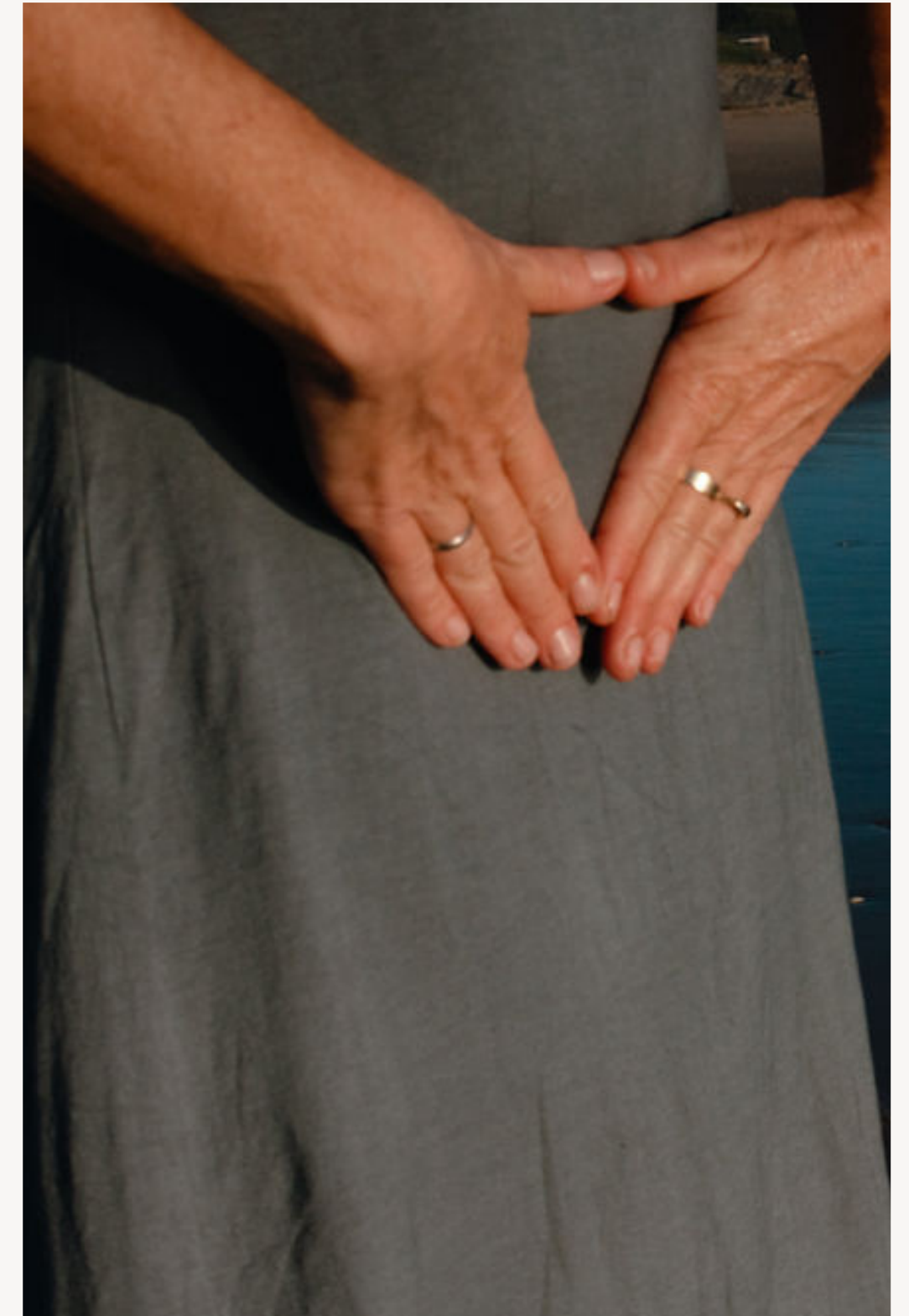
Whole Women's Wellness



DR GAURI

Women's Wellness consultations

Welcome to Dr. Gauri's Women's Wellness Practice, a comprehensive approach to women's health. Our practice focuses on providing women with a holistic understanding of their bodies and the empowerment to make informed decisions regarding their well-being. We emphasize a journey towards whole healing, incorporating botanicals, supplements, and lifestyle adjustments. Our support groups and information circles provide a community of like-minded individuals for shared insights and personal growth. Dr. Gauri's extensive medical knowledge and natural healing expertise guide our approach. We invite you to explore the transformative potential of our services and embark on a path to enhanced women's wellness.





conditions include

endometriosis

pcos

infertility

hormone imbalance

anxiety

cervical wellness

menstrual irregularity, heavy bleeding, pms and other

menstrual symptoms

pelvic pain

sexual health



services offered

- holistic and nutritional advice for women's reproductive health
- gentle pap smears
- information around procedures and alternative options
- fertility
- pregnancy and postpartum care
- homebirth
- functional testing and supplement optimisation
- menstrual and cycle care
- perimenopause health
- yoni steaming



APPROACHES INCLUDE

NUTRITION



CYCLE AWARENESS



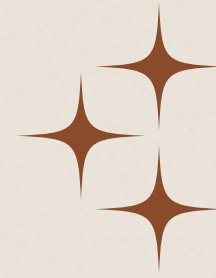
NERVOUS SYSTEM REGULATION





Discover the power of holistic well-being with
Dr. Gauri's Women's Wellness Practice.
Your radiant journey towards whole health
begins here

Unlock the potential of your health, guided by the wisdom of nature, and let your
well-being flourish as you align with your body's true harmony.



CONNECT WITH DR GAURI

to find out more about courses and
consults

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